**Taco Salad**

**Ingredients:**

1 ball ground beef

10 mL taco spice

25 mL water

1 block cheese, grated

lettuce

50 mL tortilla chips

50 mL corn chips

¼ tomato, diced

30 mL catalina dressing

30 mL sour cream

30 mL salsa

salsa

**Procedure:**

1. Brown ground beef until no pink (medium heat). Drain fat in jar on demo table.
2. Add taco spice and water. Simmer (heat 2-3) until liquid forms a thickened sauce.
3. Wash lettuce, rip lettuce into bite size pieces and arrange in a medium bowl. Toss with tomato and dressing.
4. Arrange beef, cheese, and 2 types of chips anyway you desire.
5. Enjoy!!!